

"FATHER'S BUSINESS" JAR ACTIVITY

Week 3: Luke 2; Matthew 2

This activity comes from the Come, Follow Me-For Individuals and Families resource book.

Luke 2:49 reads "And he said unto them, How is it that ye sought me? wist ye not that I must be about my Father's business?"

What is the "Father's business" that Jesus talks about? What can we learn about the "Father's business" from this story? What else can we learn about this from Christ's life, actions, and teachings?

Write some ideas on slips of paper about how you and your family can participate in the Father's business. Place these slips of paper in a jar. Throughout the week, everyone can pick these ideas from the jar and find a time to do them during the day.

Here are some ideas to get you started:

Share a scripture or quote on social media.

Make an effort to smile at everyone you encounter.

Write a thank you note to someone who did something for you.

Make dinner for someone in your neighborhood who needs it.

Fast for someone who needs it.

Invite someone who could use a friend to do an activity with you.

Say a prayer of gratitude.

Sit by someone new at church.

Cook a meal for your family.

Do a chore for someone else who usually does it.

Send a card or text to someone who could use some love and encouragement.

Donate some old items or clothes you don't use anymore.

Invite a friend to a church activity.

Put an anonymous encouraging note in a library book or other public place.

Give a genuine compliment to someone.

Let someone else pick what to eat or watch.

Call a family member you haven't seen in a while.

Leave a quarter in a vending machine for someone else to use.

Hand out some water bottles to homeless people you come across.

Donate blood.

Invite someone over for dinner.

Shovel snow from someone else's driveway.

Pick up litter you see as you walk around.

Sincerely apologize to someone you need to say sorry to.

Promote someone else's ideas or thoughts.

Talk with someone who looks nervous or alone at a gathering.